



## Turning over a new leaf



In Britain as well as other countries, it is traditional on New Year's Eve to make a promise to yourself to do or change something in the new year. This *resolution* is often a change to improve your lifestyle or give up a habit, such as smoking. Often New Year's Resolutions are so ambitious that they are broken within the first week of the New Year.

1. Here is a table of some New Year's resolutions. In the first column, say how you would personally react to the resolution using one of the below statements.

I may... I've already tried to, but... I'm planning to... I will... I don't need to... I might...  
 We all should, but... If only I could... Of course I will... I'm afraid I can't... I intend to...

Resolution	Me	Rhett & Link
Work out / keep fit		
Lose weight		
Use tanning spray		
Become more attractive		
Read more books		
Watch less TV		
Learn all the rules for chess		
Be smarter		
Eat fish / healthier		
Not bite my nails		
Volunteer to save the whales		
Curb my spending		
Wax my chest		
Date more		
Eat at least one value meal a week		
Accept my limits		
Sleep more		
Save up for a specific purpose		
Make more time to see my friends and family		
Get on the property ladder		
Give up smoking		
Be happy, cheer myself up		
Make the most of my hard earned cash		
Spend my freetime improving my English		

ANDREAS  
 GRUNDTVIG  
 Germany  
 Teacher Trainer  
 8-languages  
 Andralma  
 Dip.TESOL Speaker  
 IATEFL  
 film writer travel  
 TESOL-examiner  
 Professional Training  
 Education  
 Native  
 MSc

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**New Year's Resolution Song**



<http://www.youtube.com/watch?v=1eOu-jVuuxo>

working out, losing weight  
 maybe using tanning spray  
 becoming more attractive in general  
 reading more, watching less  
 learning all the rules for chess  
 becoming somewhat smarter in general  
 eating fish, not fingernails  
 volunteer to save the whales  
 becoming a better guy in general  
 saving more, spending less  
 yes I will wax my chest  
 dating more girls in general

But not this year. No this year is different!  
 As different as a gazelle. Yes, a gazelle from a deer.  
 After all these failed resolutions.  
 My future is clear, the future is near!

Just forget those resolutions you  
 know that you are never gonna do  
 and adopt a more realistical view  
 by committing to things that come easily to you  
 like eat at least one value meal a week  
 or put the correct shoes on the correct feet  
 just "Raise the bar to walk effortlessly underneath!"

Chorus2:  
 Just face the fact you've always thought  
 those resolutions don't mean squat  
 Settle in to a comfortable spot  
 embrace all the things you know you are not.  
 Hit the snooze, roll over, then repeat  
 Make large purchases, then lose the receipts  
 just "Raise the bar to walk effortlessly underneath!"