



## Turning over a new leaf



In Britain as well as other countries, it is traditional on New Year's Eve to make a promise to yourself to do or change something in the new year. This *resolution* is often a change to improve your lifestyle or give up a habit, such as smoking. Often New Year's Resolutions are so ambitious that they are broken within the first week of the New Year.

1. Here is a table of some New Year's resolutions. In the first column, say how you would personally react to the resolution using one of the below statements.

I may... I've already tried to, but... I'm planning to... I will... I don't need to... I might...  
 We all should, but... If only I could... Of course I will... I'm afraid I can't... I intend to...

Resolution	Me	Rhett & Link
Work out / keep fit		
Lose weight		
Use tanning spray		
Become more attractive		
Read more books		
Watch less TV		
Learn all the rules for chess		
Be smarter		
Eat fish / healthier		
Not bite my nails		
Volunteer to save the whales		
Curb my spending		
Wax my chest		
Date more		
Eat at least one value meal a week		
Accept my limits		
Sleep more		
Save up for a specific purpose		
Make more time to see my friends and family		
Get on the property ladder		
Give up smoking		
Be happy, cheer myself up		
Make the most of my hard earned cash		
Spend my freetime improving my English		

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### New Year's Resolution Song



<http://www.youtube.com/watch?v=1eOu-jVuuxo>

working out, losing weight  
maybe using tanning spray  
becoming more attractive in general  
reading more, watching less  
learning all the rules for chess  
becoming somewhat smarter in general  
eating fish, not fingernails  
volunteer to save the whales  
becoming a better guy in general  
saving more, spending less  
yes I will wax my chest  
dating more girls in general

But not this year. No this year is different!  
As different as a gazelle. Yes, a gazelle from a deer.  
After all these failed resolutions.  
My future is clear, the future is near!

Just forget those resolutions you  
know that you are never gonna do  
and adopt a more realistical view  
by committing to things that come easily to you  
like eat at least one value meal a week  
or put the correct shoes on the correct feet  
just "Raise the bar to walk effortlessly underneath!"

#### Chorus2:

Just face the fact you've always thought  
those resolutions don't mean squat  
Settle in to a comfortable spot  
embrace all the things you know you are not.  
Hit the snooze, roll over, then repeat  
Make large purchases, then lose the receipts  
just "Raise the bar to walk effortlessly underneath!"